

# Speed Force & Motion Video Notes & Review Notes

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**Video 1:** \_\_\_\_\_  
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\_\_\_\_\_

**Video 2:** \_\_\_\_\_  
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\_\_\_\_\_

**Video 3:** \_\_\_\_\_  
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**Video 4:** \_\_\_\_\_  
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**Video 5:** \_\_\_\_\_  
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**Video 6:** \_\_\_\_\_  
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**Video 7:** \_\_\_\_\_  
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**Video 8:** \_\_\_\_\_  
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**Video 9:** \_\_\_\_\_  
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**Video 10:** \_\_\_\_\_  
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**Video 11:** \_\_\_\_\_  
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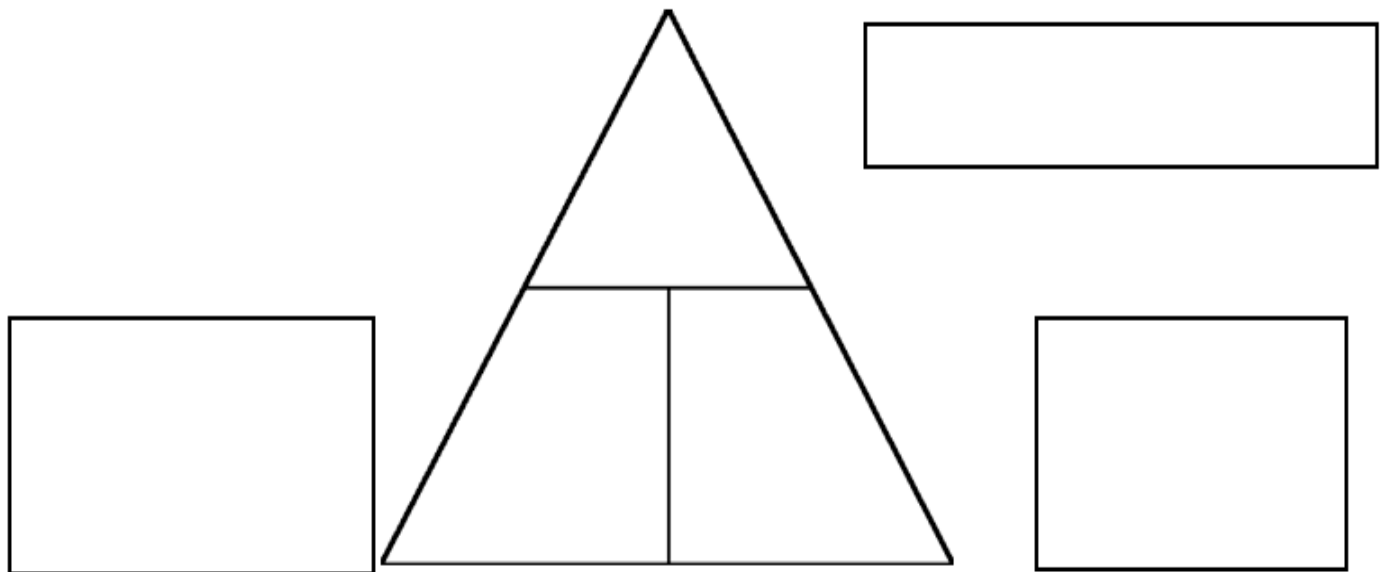
**Video 12:** \_\_\_\_\_  
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**Video 13:** \_\_\_\_\_  
\_\_\_\_\_  
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**Video 14:** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Motion / Forces Review Notes:**

**Acceleration:**



**Acceleration**

<b>Definition</b>	the rate at which _____ changes over _____
<b>Common Units</b>	meters per second per second ( _____ = _____ )
<b>Equation</b>	
<b>Types</b>	<ul style="list-style-type: none"><li>• _____ <b>Acceleration:</b> increase in speed (going faster)</li><li>• <b>Negative Acceleration or</b> _____ : decrease in speed (going slower)</li><li>• _____ <b>Acceleration:</b> moving at a constant speed in a circle, like the Earth around the moon</li></ul>